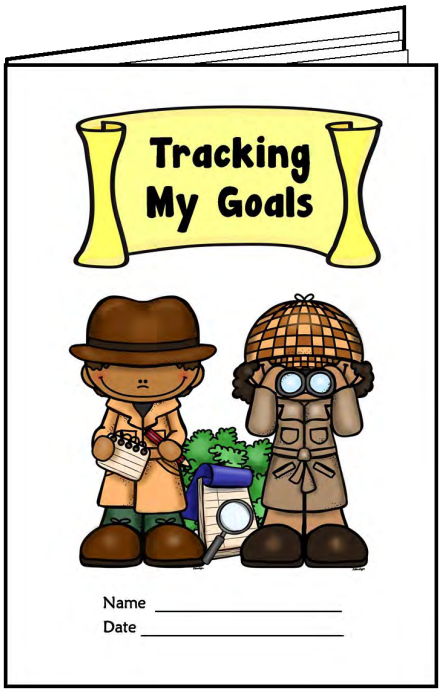
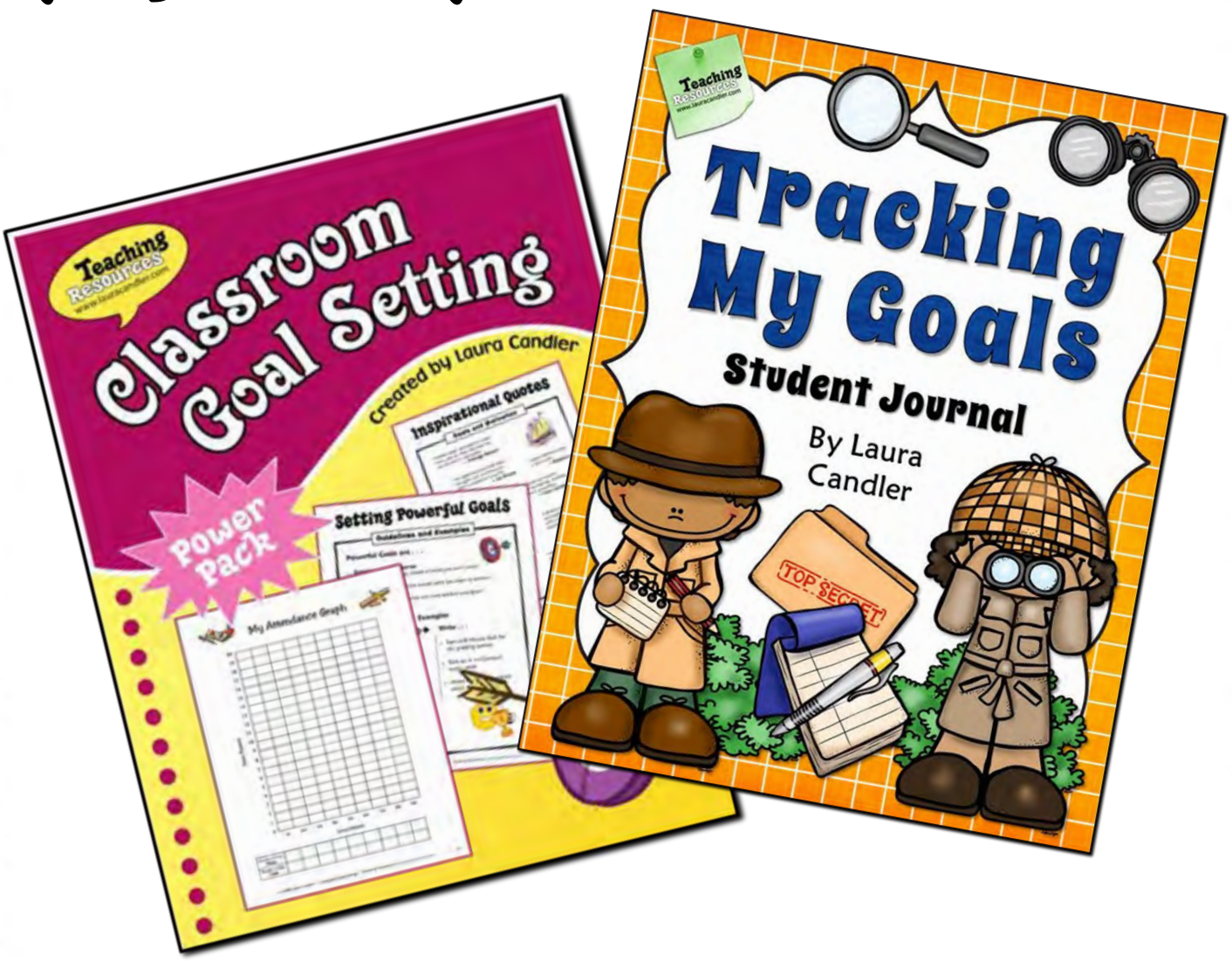
For a complete preview of each item, visit its page on TpT.





Tracking My Goals

Name _____

Date _____

Goal Tracking Secrets

1. Write clear, measurable goals.
2. Create an action plan for each goal.
3. Read your goals each day and believe you can achieve them!
4. Review your progress each week so you can stay on track.
5. Revise and improve your action plans if needed.
6. Celebrate your accomplishments!

Tracking My Goals
Student Journal

Created by Laura Candler
www.lauracandler.com

Research shows that students who write goals and create action plans outperform those who don't. **Tracking My Goals** is an 8.5" by 5.5" booklet students can use as a journal to record their goals and track their progress over time. Included in this packet are patterns for the front and back cover as well as for the inside journal pages. You'll also find a helpful mini-poster titled **Goal Tracking Secrets.** This product does not include information about how to help students create action plans. You'll find teaching strategies and ideas for this concept in my ebook, **Classroom Goal Setting.**

How to Introduce and Use the Tracking My Goals Journal:

Goal Tracking Secrets

1. Write clear, measurable goals.
2. Create an action plan for each goal.
3. Read your goals each day and believe you can achieve them!
4. Review your progress each week so you can stay on track.
5. Revise and improve your action
f needed.
ate your accomplishments!

Goal Tracking Secrets

1. Write clear, measurable goals.
2. Create a specific action plan for each goal.
3. Read your goals each day and believe in yourself!
4. Think about your progress to make sure you stay on track.
5. Revise and improve your action plans if needed.
6. Celebrate accomplishments!

Tracking My Goals

Name _____
Date _____

Tracking My Progress

Review Date: _____

Target Date: _____

What have you done

Goal 1: _____

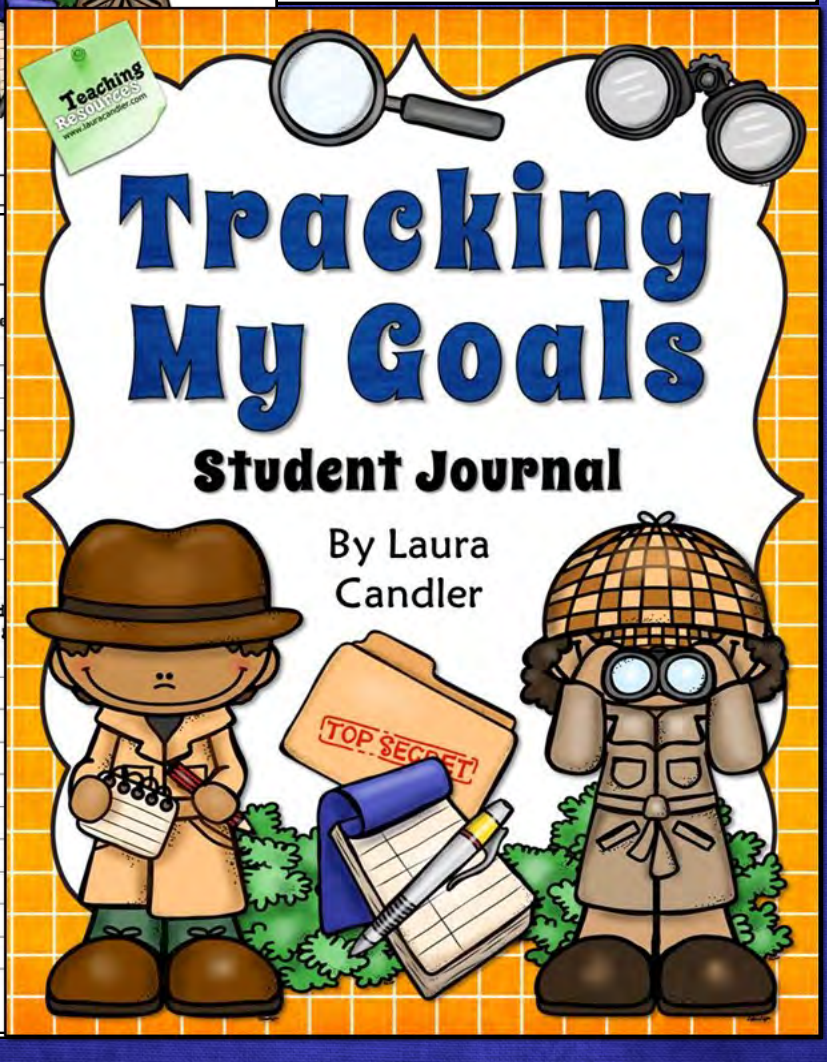
Goal 2: _____

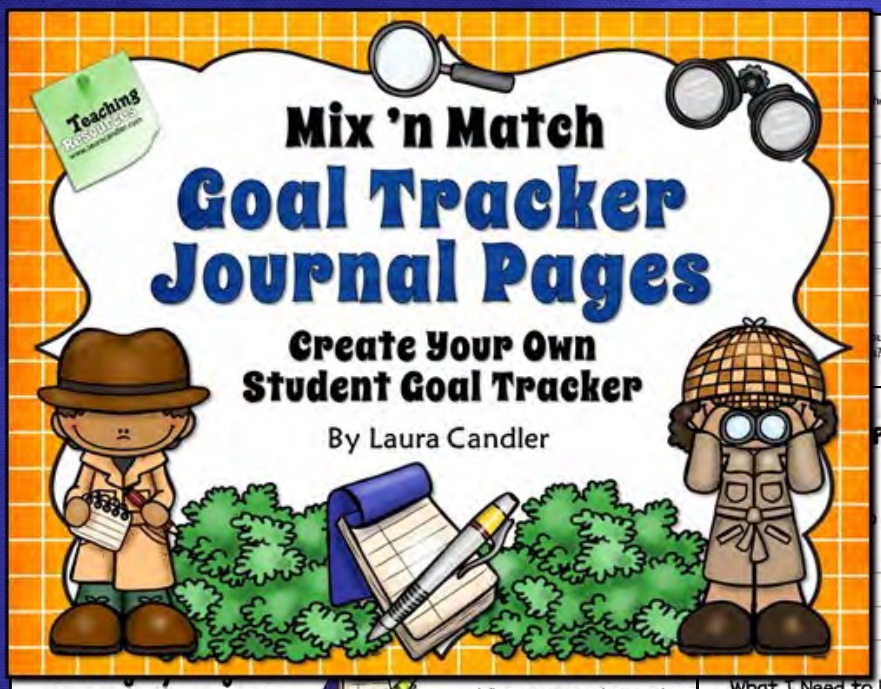
Look Ahead! What d
help you meet your

Goal 3: _____

I will stay focused and work hard to meet my goals.

Signed _____





Review Date: _____

What have you done to help you meet your goals?

Look Ahead! What do you plan to do next to help you meet your goals? Be specific!

Tracking My Progress

What I Want to Do (My Goal)

What I Need to Do (My Action Plan)

My _____ Goal

When you meet a goal, write the date on one of the stars. Then color that star to celebrate your accomplishment!

Reach for the Stars!

When you meet a goal, write the date on one of the stars. Then color that star to celebrate your accomplishment!

What I Have Accomplished

My Test Scores

Date	Test Name	Score

Tracking My Progress

Target Date: _____

Goal 1: _____

Goal 2: _____

Goal 3: _____

I will focus and work hard to meet my goals.

Signed _____

Thinking Back About

What are you doing **today** that will keep you on track to meet your **goals**?

Tracking My Goals

Name _____

Date _____

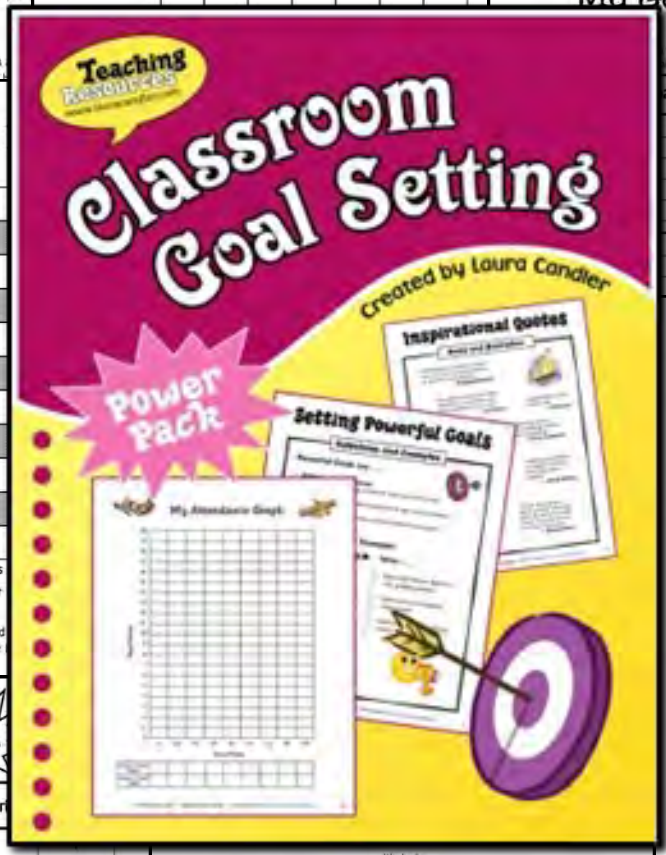
Dozens of Journal Page Options for Grades 1-5

Classroom Goal Setting

Teaching Resources

Created by Laura Candler

Power Pack



Inspirational Quotes

Goals and Motivation

Without goals, and plans to reach them, you are like a ship that has set sail with no destination.
~ Fitzhugh Dodson

Your goals are your road maps that guide you and show you what is possible for your life.
~ Les Brown

A goal without is just a wish.
~ Un

Choosing a goal and sticking to it changes everything.
~ Scott Reed

There's only one way to succeed in anything, and tha it to give it everything.
~ Vince Lomba

The trouble with not having a goal is that you can spend your life running up and down and never score.
~ Bill Copeland

A dream is just a dr but a goal is a drea with a plan and a deadline!
~ Harry M

If you can dream it, you can do it!
~ Walt Disney

You are never given dream without also

My Attendance Graph

Days Present

20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3

Writing Action Plans

Guidelines and Examples

Strong Action Plans . . .

- **Tell HOW you are going to reach your goal**
  Explain what you plan to do, not why you are doing it
- **Use Clear and Specific words**
  Use simple words to say exactly what steps you plan to take
- **Often include more than one step or strategy**
  Try to think of at least 2 steps you can take to reach each goal

Examples

Instead of . . .	Write . . .
• Study more	1. Write down my homework and check my planner at home 2. Study at least 15 minutes a day

My Goals

Name _____

Grading Period 1st 2nd 3rd 4th

would like to set for yourself this grading period. List your top five goals on the , write an action plan telling how you plan to reach that goal.

als	Action Plan

Quarterly Test

Reading 1st 9 Wks
Reading 2nd 9 Wks
Reading 3rd 9 Wks
Math 1st 9 Wks
Math 2nd 9 Wks
Math 3rd 9 Wks

0 5 10 15 20 25 30 35 40 45

Percent

Directions: Write your current score on the line for this grading period think about your goal for next time and create an action plan to make it

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Calendar Attendance Graph Key

- Present — Blue
- Excused Absence — Green
- Unexcused Absence — Red
- Excused Tardy — Blue/Yellow
- Unexcused Tardy — Blue/Orange

Calendar Attendance Graph Key

- Present — Blue
- Excused Absence — Green
- Unexcused Absence
- Excused Tardy — Blue/Yellow
- Unexcused Tardy — Blue/Orange

August 2015

Sample Attendance Calendar

Sun	Mon	Tue	Wed	Thu	Fri	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Attendance Calendar Directions

Duplicate one Key for each student to place in the front of their portfolios. Have them color the key as shown. Duplicate a blank calendar page for each student to place inside the portfolio. Each day or at the end of each week, have students record their attendance as shown.

- Present — Blue
- Excused Absence — Green
- Unexcused Absence — Red
- Excused Tardy — Blue/Yellow
- Unexcused Tardy — Blue/Orange

Week of _____

Homework Completed: ____ of ____ = ____%

Week of _____

Homework Completed: ____ of ____ = ____%

If you can dream it, you can do it!