

# Fixed and Growth Mindset Statements

I can't do this, so I'll ask my partner to tell me the answer.

If I make a mistake, I can learn from it and try again.

I don't want to try that because I'll look silly if I fail.

It's exciting to try something new!

It's okay that I'm not good in math. My dad says he wasn't either.

I feel proud when I don't give up, and I finally solve a difficult problem.

I'll never be able to learn this, so there's no reason to try.

I can figure this out if I use some of the strategies I learned.

I wish I was as smart as my big brother. He can do anything!

I can train my brain to get smarter and to learn new skills.

# Fixed and Growth Mindset Template


# Fixed and Growth Mindset Statements

I can't do this, so I'll ask my partner to tell me the answer.

If I make a mistake, I can learn from it and try again.

I don't want to try that because I'll look silly if I fail.

It's exciting to try something new!

It's okay that I'm not good in math. My dad says he wasn't either.

I feel proud when I don't give up, and I finally solve a difficult problem.

I'll never be able to learn this, so there's no reason to try.

I can figure this out if I use some of the strategies I learned.

I wish I was as smart as my big brother. He can do anything!

I can train my brain to get smarter and to learn new skills.

# Fixed and Growth Mindset Statements

I can't do this, so I'll ask my partner to tell me the answer.

If I make a mistake, I can learn from it and try again.

I don't want to try that because I'll look silly if I fail.

It's exciting to try something new!

It's okay that I'm not good in math. My dad says he wasn't either.

I feel proud when I don't give up, and I finally solve a difficult problem.

I'll never be able to learn this, so there's no reason to try.

I can figure this out if I use some of the strategies I learned.

I wish I was as smart as my big brother. He can do anything!

I can train my brain to get smarter and to learn new skills.