## **Growing Smarter Roll & Respond Discussion**

**Directions:** The first Leader rolls the die and reads the matching question aloud to the team. Everyone on the team takes a turn answering the question. The role of Leader rotates to the left, and the new Leader rolls to find the next question. (Roll again if the same question is selected.)

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Describe a time when you were using fixed mindset thinking. If you ever feel this way again, how might you flip your thinking?
Think of an activity you enjoy doing that involves using one or more of your multiple intelligences. Explain how you use your skills and talents to do this activity.
Think of a mistake you made in the past that you learned from. What was the mistake and what did you learn?
Have you ever been afraid to try something new because you might fail or look silly? What did you do and what happened?
Think of a time when you faced a challenge and wanted to give up, but you kept trying. Describe the situation and tell what happened.
What have you done in the last week to challenge yourself? What made it challenging, and how did you feel while doing the activity?