

Teaching Resources

Presented by
Laura Candler
Teaching Resources

MI Theory, Mindset, & Motivation

Laura Candler - Classroom Teacher

- Classroom teacher (30 years)
- National Board Certified
- Master's Degree in Elementary Ed.
- Milken Educator Award

Connecting & Collaborating with Teachers

- Website – Teaching Resources – LauraCandler.com
- Blog – CorkboardConnections.com
- Facebook – Teaching Resources
- Pinterest and Instagram

Time for a Tech Check

- If possible, watch webinar on a laptop or desktop computer (not a mobile device)
- Fast Internet connection is best
- Close any open browser tabs and computer apps
- Pause programs that involved background syncing (Dropbox)

Why Are You Here?

- You want to know why “growth mindset” has become the new buzzword in education.
- You’re wondering if multiple intelligence theory is still relevant.
- You’d like to learn easy, practical, and engaging strategies for teaching kids about MI theory and growth mindset.



Why Are You Here?

- You want your students to enjoy learning and to become lifelong learners.
- You want to empower your students to overcome setbacks and challenges.
- You want your students to believe in themselves as much YOU believe in them!



Why Am I Here?



MI Theory and Growth Mindset

Powerful Tools – Together

- Background (just a little!)
- Implications for educators
- How to introduce these concepts to students
- Teaching strategies, activities, lesson ideas, and resources

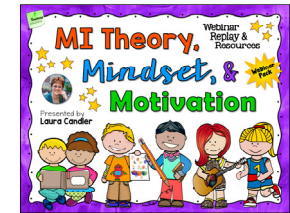


Mindset & Motivation Webinar Notes

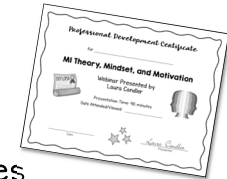


Look for a link to the webinar handouts in your confirmation email.

MI Theory, Mindset, and Motivation Webinar Pack



- HD Quality Recording (Includes video replay to download for offline viewing)
- PDF handouts of webinar slides
- Webinar notes handouts
- Editable PD certificate
- Easy access to all webinar freebies



Mindset Webinar Freebies

www.lauracandler.com/webinars/???

Teaching Resources
www.lauracandler.com

File Cabinet Strategies My Products Training My Blog

First time here?

Webinar Resources and Freebies for
MI Theory, Mindset, and Motivation
presented by Laura Candler

Thanks for watching **MI Theory, Mindset, and Motivation**. This page includes the freebies and other resources I mentioned during the live webinar. If you're interested in obtaining a professional development certificate, you'll find that information [here](#). If you need another copy of the webinar handouts, click [here](#).

Looking for information about how to join the **School Year Super Start Facebook Group**? Click [here](#) to read the details!

Live Webinar Giveaway Details (9:30 pm EDT Deadline)

These two giveaways are only open to attendees of the August 10th live webinar. When you fill out the **Google Doc entry form**, you will automatically be entered into a drawing for the **Back to School Mega Bundle**. I'll choose a winner at **9:30 pm EDT tonight** and the winner's name will be posted here.

Great Resources!

MI Theory, Mindset, & Motivation Free Webinar

How to Foster a Growth Mindset

Word Wall Cards

Mindset Webinar Freebies

Verbal-Linguistic

Word Smart

PRAISE

My growth mindset

6 Steps to Achieving

Flipping Our Thinking Discussion Cards

How Do We Use Our Skills and Talents?

Verbal-Linguistic Word Smart Math Smart

Naturalist Nature Smart Musical-Rhythmic Music Smart

Visual-Spatial Art Smart

Bodily Kinesthetic Body Smart

Interpersonal People Smart Intrapersonal Self Smart

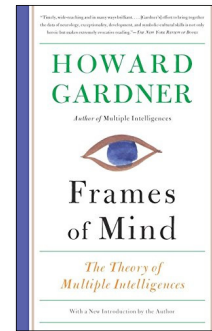
MI Theory

What Does It Mean to Be Smart?

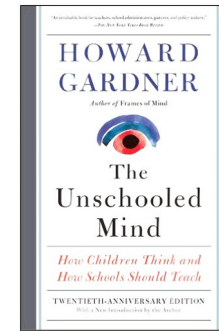


Multiple Intelligence Theory

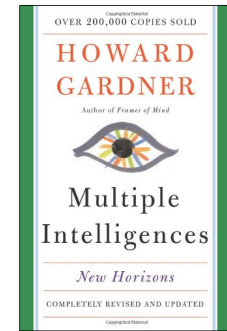
Proposed in 1983 by Dr. Howard Gardner, a psychologist and a Professor at Harvard University's Graduate School of Education



1983



1991



2006

Quick Check – True or False?

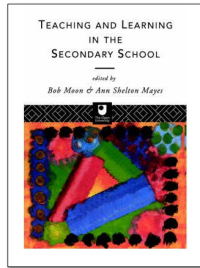
1. MI Theory tells us that we are smart in many ways.
2. MI Theory says we are born with different “intelligences” and those are fixed within us.
3. Dr. Gardner defined intelligence as a set of abilities, talents, or mental skills.

What Does It Mean to Be Smart?

- Does Smart = Intelligent?
- What do traditional IQ tests measure?
- How well do traditional IQ tests predict future success in school?
- **What about success in life?**

Traditional View of Intelligence

According to Dr. Gardner...



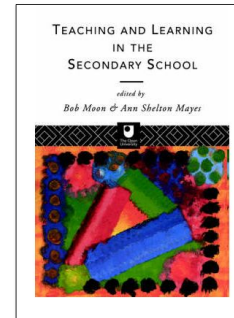
1994

“In the traditional view, intelligence....does not change much with training, or age, or experience.

It is an inborn attribute or faculty of the individual.”

Proposed a New View of Intelligence

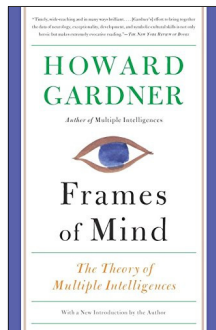
According to Dr. Gardner...



“Human cognitive competence is better described in terms of a set of **abilities, talents, or mental skills** which we call ‘Intelligences.’”

Multiple Intelligence Theory

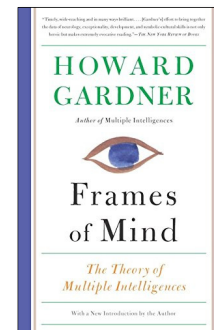
According to Dr. Gardner...



“An intelligence is the ability to **solve problems** or **create products** that are valued in one or more cultural settings.”

Multiple Intelligence Theory

According to Dr. Gardner...



“All human beings have **multiple intelligences.**

These multiple intelligences can be **nurtured** and strengthened, or **ignored** and weakened.”

Where does Dr. Gardner use the word "smart" when referring to multiple intelligences?

Nowhere!

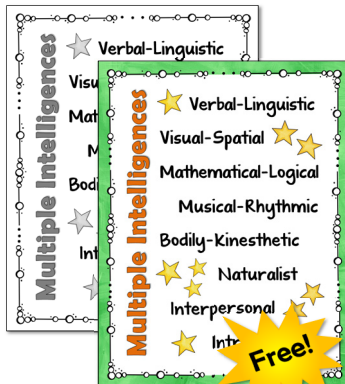
Educators put that spin on it!

Multiple Intelligences

Dr. Gardner	Kid-Friendly
Verbal-Linguistic	Word Smart
Visual-Spatial	Art Smart
Mathematical-Logical	Math Smart
Musical-Rhythmic	Music Smart
Bodily Kinesthetic	Body Smart
Interpersonal	People Smart
Intrapersonal	Self Smart
Naturalist	Nature Smart
(Also Existential)	

MI Mini Posters

Dr. Gardner



Getting To Know You Survey

Directions:
Fold the paper on the dark vertical line so that the eight columns on the right are folded back. Then read each statement below. Rate each statement from 1 to 5 according to how well the description fits you (1 = Not at All to 5 = Very True). Fold unfold the paper and transfer each number over to the colored box on the same row. Finally, add the numbers in each column to find the total score for each multiple intelligence area. The highest possible score in one area is 15. How many ways are you smart?

Which of the following are true about you? 0-5

	Naturalist	Mathematical-Logical	Verbal-Linguistic	Musical-Rhythmic	Visual-Spatial	Bodily-Kinesthetic	Interpersonal	Intrapersonal
I enjoy singing and I sing well.								
I love crossword puzzles and other word games.								
I like spending time by myself.								
Charts, maps, and graphic organizers help me learn.								
I learn best when I can talk over a new idea.								
I enjoy art, photography, or doing craft projects.								
I often listen to music in my free time.								
I get along well with different types of people.								
I often think about my goals and dreams for the future.								
I enjoy studying about the earth and nature.								
I enjoy caring for pets and other animals.								
I love projects that involve acting or moving.								
Written assignments are usually easy for me.								
I can learn new math ideas easily.								
I play a musical instrument (or would like to).								
I am good at physical activities like sports or dancing.								
I like to play games involving numbers and logic.								
My best way to learn is by doing hands-on activities.								
I love painting, drawing, or designing on the computer.								
I often help others without being asked.								
I enjoy being outside in all types of weather.								
I love the challenge of solving a difficult math problem.								
Having quiet time to think over ideas is important to me.								
I read for pleasure every day.								
Totals →								

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8 Ways We Are Smart!



Our Multiple Intelligences

People Smart

- Enjoys meeting new people
- Gets along well with teammates
- Likes talking over ideas
- Friendly and helpful



Interpersonal

Nature Smart

- Loves to take care of plants and animals
- Likes to study about the earth and events in nature
- Enjoys being outside



Naturalist

Body Smart

- Enjoys sports, walking, dancing, or other physical activity
- Learns best with hands-on activities
- Enjoys lessons where you can move



Bodily-Kinesthetic

Word Smart

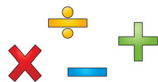
- Enjoys reading for pleasure
- Likes playing word games
- Writes stories, poems, emails or reports easily



Verbal/Linguistic

Math Smart

- Enjoys solving difficult problems
- Likes working with numbers
- Likes to organize facts and information



Mathematical/Logical

Self Smart

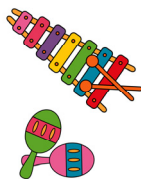
- Needs quiet time to think over ideas
- Likes to set personal goals
- Thinks and/or writes about feelings and emotions



Intrapersonal

Music Smart

- Enjoys singing
- Enjoys listening to music
- Plays an instrument
- Enjoys games involving sound and rhythm



Musical/Rhythmic

Art Smart

- Can read maps and diagrams easily
- Likes to color, draw, or paint;
- Can visualize objects and events
- Understands charts and graphs
- Enjoys taking pictures



Visual-Spatial

Interpersonal

- Enjoys meeting new people
- Gets along well with teammates
- Likes talking over ideas
- Friendly and helpful



People Smart

MI Classroom Implications

- Teach children about multiple intelligence theory
- Help kids discover their strengths and areas for growth
- Plan lessons that incorporate many multiple intelligence areas

Suggested MI Unit Sequence

1. Administer "kid-friendly" MI Survey
2. Teach the 8 multiple intelligences
3. Score the MI Surveys; discuss results; share if appropriate
4. Practice applying MI concepts to everyday situations and learning experiences
5. Assess understanding of MI concepts

Administer MI Survey for Kids

Getting to Know You Survey

Complete survey before teaching MI lessons



Name _____

Getting to Know You Survey

Directions:
Fold the paper on the dark vertical line so that the eight columns on the left are folded back. To read each statement below, make each statement front to back according to how well the description fits you (0 = Not at All to 5 = Very True). Next unfold the paper and transfer each number into the column score on the same row. Finally, add the numbers in each column to find the total score for each multiple intelligence area. The highest possible score in one area is 15. How many ways are you smart?

Which of the following are true about you? 0-5	0	1	2	3	4	5
I enjoy singing and I sing well.						
I love crossword puzzles and other word games.						
I like spending time by myself.						
Charts, maps, and graphic organizers help me learn.						
I learn best when I can talk over a new idea.						
I enjoy art, photography, or doing craft projects.						
I often listen to music in my free time.						
I get along well with different types of people.						
I often think about my goals and dreams for the future.						
I enjoy studying about the earth and nature.						
I enjoy caring for pets and other animals.						
I love projects that involve acting or moving.						
Written assignments are usually easy for me.						
I can learn new math ideas easily.						
I play a musical instrument (or would like to).						
I am good at physical activities like sports or dancing.						
I like to play games involving numbers and logic.						
My best way to learn is by doing hands-on activities.						
I love painting, drawing, or designing on the computer.						
I often help others without being asked.						
I enjoy being outside in all types of weather.						
I love the challenge of solving a difficult math problem.						
Having quiet time to think over ideas is important to me.						
I read for pleasure every day.						
Totals →						

Name: _____
 Math: _____
 Reading: _____
 Music: _____
 Art: _____
 Body: _____
 People: _____
 Self: _____

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Fold the page vertically on the dark line so the chart ends up behind the questions.

Getting To Know You Survey Name _____

Directions:
Fold the paper on the dark vertical line so that the eight columns on the right are folded back. Then read each statement below. Rate each statement from 0 to 5 according to how well the description fits you (0 = Not at All to 5 = Very True) Next unfold the paper and transfer each number over to the outlined block on the same row. Finally, add the numbers in each column to find the total score for each multiple intelligence area. The highest possible score in one area is 15. How many ways are you smart?

Which of the following are true about you? 0-5

	Naturalist	Mathematical-Logical	Verbal-Linguistic	Musical-Rhythmic	Visual-Spatial	Bodily-Kinesthetic	Interpersonal	Intrapersonal
I enjoy singing and I sing well.								
I love crossword puzzles and other word games.								
I like spending time by myself.								
Charts, maps, and graphic organizers help me learn.								
I learn best when I can talk over a new idea.								
I enjoy art, photography, or doing craft projects.								
I often listen to music in my free time.								
I get along well with different types of people.								

The survey will look like this and only the 24 statements will be visible to students.

Read each statement aloud, one at a time.



Getting To Know You Survey

Directions:
Fold the paper on the dark vertical line so that the eight columns on the right are folded back. Then read each statement below. Rate each statement from 0 to 5 according to how well the description fits you (0 = Not at All to 5 = Very True) Next unfold the paper and transfer each number over to the outlined block on the same row. Finally, add the numbers in each column to find the total score for each multiple intelligence area. The highest possible score in one area is 15. How many ways are you smart?

Which of the following are true about you? 0-5

I enjoy singing and I sing well.	
I love crossword puzzles and other word games.	
I like spending time by myself.	
Charts, maps, and graphic organizers help me learn.	
I learn best when I can talk over a new idea.	
I enjoy art, photography, or doing craft projects.	
I often listen to music in my free time.	
I get along well with different types of people.	
I often think about my goals and dreams for the future.	
I enjoy studying about the earth and nature.	
I enjoy caring for pets and other animals.	
I love projects that involve acting or moving.	
Written assignments are usually easy for me.	
I can learn new math ideas easily.	
I play a musical instrument (or would like to).	
I am good at physical activities like sports or dancing.	
I like to play games involving numbers and logic.	
My best way to learn is by doing hands-on activities.	
I love painting, drawing, or designing on the computer.	
I often help others without being asked.	
I enjoy being outside in all types of weather.	
I love the challenge of solving a difficult math problem.	
Having quiet time to think over ideas is important to me.	
I read for pleasure every day.	
Totals →	

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Ask students to rate each statement from 0-5 depending on how true it is for them (5 is high).

Collect surveys to score and discuss later.

Which of the following are true about you? 0-5

I enjoy singing and I sing well.	3
I love crossword puzzles and other word games.	5
I like spending time by myself.	2
Charts, maps, and graphic organizers help me learn.	0
I learn best when I can talk over a new idea.	
I enjoy art, photography, or doing craft projects.	
I often listen to music in my free time.	
I get along well with different types of people.	
I often think about my goals and dreams for the future.	
I enjoy studying about the earth and nature.	
I enjoy caring for pets and other animals.	
I love projects that involve acting or moving.	
Written assignments are usually easy for me.	
I can learn new math ideas easily.	
I play a musical instrument (or would like to).	
I am good at physical activities like sports or dancing.	
I like to play games involving numbers and logic.	
My best way to learn is by doing hands-on activities.	

Teach the 8 Multiple Intelligences

Multiple Intelligences











- ★ Verbal-Linguistic
- ★ Visual-Spatial
- ★ Verbal-Linguistic
- ★ Visual-Spatial
- ★ Mathematical-Logical
- ★ Musical-Rhythmic
- ★ Bodily-Kinesthetic
- ★ Naturalist
- ★ Interpersonal
- ★ Intrapersonal

8 Kinds of Smart

- ★ Word Smart
- ★ Art Smart
- ★ Math Smart
- ★ Music Smart
- ★ Body Smart
- ★ Nature Smart
- ★ People Smart
- ★ Self Smart



Teach the 8 Multiple Intelligences

Word Smart Description and Details Here 	Art Smart Description and Details Here 	Music Smart Description and Details Here 	Nature Smart Description and Details Here 
Math Smart <ul style="list-style-type: none"> Enjoys solving difficult problems Likes working with numbers Likes to organize facts and information 		People Smart <ul style="list-style-type: none"> Enjoys meeting new people Gets along well with teammates Likes talking over ideas Friendly and helpful 	
People Smart Description and Details Here 	Math Smart Description and Details Here 	Body-Kinesthetic Smart Description and Details Here 	Interpersonal Smart Description and Details Here 

Score the MI Survey and Discuss Results

Wait until after you've taught the 8 multiple intelligence areas

Getting To Know You Survey Example

Directions: Fold the paper on the dark vertical line so that the eight columns on the right are folded back. Then read each statement below. Rate each statement from 0 to 5 according to how well the description fits you (0 = Not at All to 5 = Very True). Next, unfold the paper and transfer each number over to the outlined box on the same row. Finally, add the numbers in each column to find the total score for each multiple intelligence area. The highest possible score in one area is 15. How many ways are you smart?

Which of the following are true about you? 0-5	Numerical	Mathematical-Logical	Verbal-Linguistic	Musical-Rhythmic	Visual-Spatial	Body-Kinesthetic	Interpersonal	Intrapersonal
I enjoy singing and I sing well.	1							
I love crossword puzzles and other word games.	4		4	1				
I like spending time by myself.	3							3
Charts, maps, and graphic organizers help me learn.	4				4			
I learn best when I can talk over a new idea.	4							4
I enjoy art, photography, or doing craft projects.	6				6			
I often listen to music in my free time.	3				3			
I get along well with different types of people.	3							3
I often think about my goals and dreams for the future.	4							4
I enjoy studying about the earth and nature.	4	3						
I enjoy caring for pets and other animals.	3	3						
I love projects that involve acting or moving.	2							2
Written assignments are usually easy for me.	4		4					
I can learn new math ideas easily.	6	6						
I play a musical instrument (or would like to).	0			0				
I am good at physical activities like sports or dancing.	4				0			4
I like to play games involving numbers and logic.	4	4						
My best way to learn is by doing hands-on activities.	3							3
I love painting, drawing, or designing on the computer.	4						4	
I often help others without being asked.	2							2
I enjoy being outside in all types of weather.	2	2						
I love the challenge of solving a difficult math problem.	6	6						
Having quiet time to think over ideas is important to me.	4							4
I read for pleasure every day.	5							5
Totals →	8	14	13	4	13	9	9	11

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Ask your students to transfer each rating number over to the box on the same row.

Which of the following are true about you? 0-5	N	M	L	M	V	B	I	I
I enjoy singing and I sing well.	1			1				
I love crossword puzzles and other word games.	4			4				
I like spending time by myself.	3							3
Charts, maps, and graphic organizers help me learn.	4				4			
I learn best when I can talk over a new idea.	4							4
I enjoy art, photography, or doing craft projects.	5				5			
I often listen to music in my free time.	3			3				
I get along well with different types of people.	3							3
I often think about my goals and dreams for the future.	4							4
I enjoy studying about the earth and nature.	4	3						
I enjoy caring for pets and other animals.	3	3						
I love projects that involve acting or moving.	2							2
Written assignments are usually easy for me.	4			4				
I can learn new math ideas easily.	5			5				
I play a musical instrument (or would like to).	0				0			

Each column represents one kind of smart.

Add the three numbers in each column. Write the totals at the bottom of the chart.

Getting To Know You Survey Example

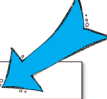
Directions: Fold the paper on the dark vertical line so that the eight columns on the right are folded back. Then read each statement below. Rate each statement from 0 to 5 according to how well the description fits you (0 = Not at All to 5 = Very True). Next, unfold the paper and transfer each number over to the outlined box on the same row. Finally, add the numbers in each column to find the total score for each multiple intelligence area. The highest possible score in one area is 15. How many ways are you smart?

Which of the following are true about you? 0-5	Numerical	Mathematical-Logical	Verbal-Linguistic	Musical-Rhythmic	Visual-Spatial	Body-Kinesthetic	Interpersonal	Intrapersonal
I enjoy singing and I sing well.	1							
I love crossword puzzles and other word games.	4		4	1				
I like spending time by myself.	3							3
Charts, maps, and graphic organizers help me learn.	4				4			
I learn best when I can talk over a new idea.	4							4
I enjoy art, photography, or doing craft projects.	6				6			
I often listen to music in my free time.	3				3			
I get along well with different types of people.	3							3
I often think about my goals and dreams for the future.	4							4
I enjoy studying about the earth and nature.	4	3						
I enjoy caring for pets and other animals.	3	3						
I love projects that involve acting or moving.	2							2
Written assignments are usually easy for me.	4			4				
I can learn new math ideas easily.	6	6						
I play a musical instrument (or would like to).	0				0			
I am good at physical activities like sports or dancing.	4							4
I like to play games involving numbers and logic.	4	4						
My best way to learn is by doing hands-on activities.	3							3
I love painting, drawing, or designing on the computer.	4						4	
I often help others without being asked.	2							2
I enjoy being outside in all types of weather.	2	2						
I love the challenge of solving a difficult math problem.	6	6						
Having quiet time to think over ideas is important to me.	4							4
I read for pleasure every day.	5							5
Totals →	8	14	13	4	13	9	9	11

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Give each student an index card and ask them to number it from 1 to 8. Have them list the 8 intelligence areas in order from the highest number to the lowest.

Mary's MI Survey Results



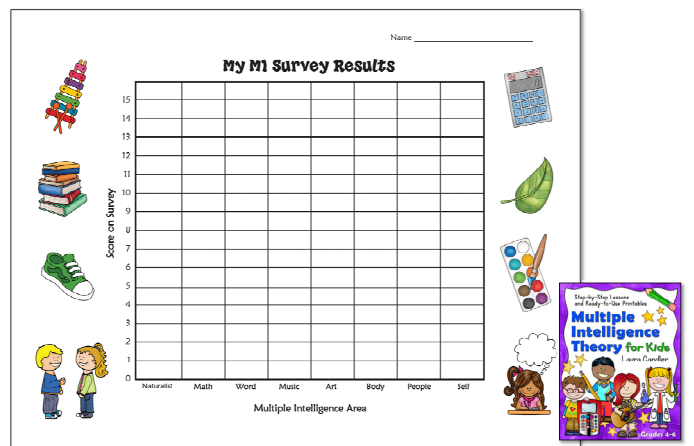
1. Math Smart
2. Art Smart
3. Word Smart
4. Self Smart
5. Body Smart
6. People Smart
7. Nature Smart
8. Music Smart

Discuss the Results

- Discuss the purpose of the survey (to learn about themselves).
- What are their strengths? What are their growth areas?
- Discuss possible reasons for low and high scores.
- Remind students that we can grow and improve in any area we wish.

Share and Celebrate Strengths

Are bar graphs appropriate for sharing?



Create MI Color Maps

Key – Top 2 = Blue, Next 2 = Green, Next 2 = Orange, Last 2 = Yellow

Multiple Intelligence Color Maps

Color Key: Top 2 = Blue, Next 2 = Green, Next 2 = Orange, Last 2 = Yellow

<p style="text-align: center;">My MI Color Map</p> <p style="text-align: center;">Name _____</p> <table border="1" style="width: 100%; text-align: center;"> <tr><td>Naturalist</td><td>Mathematical-Logical</td></tr> <tr><td>Verbal-Linguistic</td><td>Musical-Rhythmic</td></tr> <tr><td>Visual-Spatial</td><td>Bodily-Kinesthetic</td></tr> <tr><td>Interpersonal</td><td>Intrapersonal</td></tr> </table>	Naturalist	Mathematical-Logical	Verbal-Linguistic	Musical-Rhythmic	Visual-Spatial	Bodily-Kinesthetic	Interpersonal	Intrapersonal	<p style="text-align: center;">My Smart Color Map</p> <p style="text-align: center;">Name _____</p> <table border="1" style="width: 100%; text-align: center;"> <tr><td>Nature</td><td>Math</td></tr> <tr><td>Word</td><td>Music</td></tr> <tr><td>Art</td><td>Body</td></tr> <tr><td>People</td><td>Self</td></tr> </table>	Nature	Math	Word	Music	Art	Body	People	Self
Naturalist	Mathematical-Logical																
Verbal-Linguistic	Musical-Rhythmic																
Visual-Spatial	Bodily-Kinesthetic																
Interpersonal	Intrapersonal																
Nature	Math																
Word	Music																
Art	Body																
People	Self																
<p style="text-align: center;">My MI Color Map</p> <p style="text-align: center;">Name _____</p> <table border="1" style="width: 100%; text-align: center;"> <tr><td>Naturalist</td><td>Mathematical-Logical</td></tr> <tr><td>Verbal-Linguistic</td><td>Musical-Rhythmic</td></tr> <tr><td>Visual-Spatial</td><td>Bodily-Kinesthetic</td></tr> <tr><td>Interpersonal</td><td>Intrapersonal</td></tr> </table>	Naturalist	Mathematical-Logical	Verbal-Linguistic	Musical-Rhythmic	Visual-Spatial	Bodily-Kinesthetic	Interpersonal	Intrapersonal	<p style="text-align: center;">My Smart Color Map</p> <p style="text-align: center;">Name _____</p> <table border="1" style="width: 100%; text-align: center;"> <tr><td>Nature</td><td>Math</td></tr> <tr><td>Word</td><td>Music</td></tr> <tr><td>Art</td><td>Body</td></tr> <tr><td>People</td><td>Self</td></tr> </table>	Nature	Math	Word	Music	Art	Body	People	Self
Naturalist	Mathematical-Logical																
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Visual-Spatial	Bodily-Kinesthetic																
Interpersonal	Intrapersonal																
Nature	Math																
Word	Music																
Art	Body																
People	Self																



Create MI Color Maps

Blue (Highest Score) to Yellow (Lowest Score)

1 & 2 Blue 3 & 4 Green 5 & 6 Orange 7 & 8 Yellow

Rick's MI Survey Results	My MI Color Map
1. Verbal-Linguistic	Name _____
2. Intrapersonal	
3. Mathematical-Logical	
4. Visual-Spatial	
5. Bodily-Kinesthetic	
6. Interpersonal	
7. Naturalist	
8. Musical Rhythmic	

Discuss How Our Skills Can Help at School and in Everyday Life

Strategy #1

Create an anchor chart for each MI area. Brainstorm study methods or strategies that students who are strong in that area could use to help them learn.

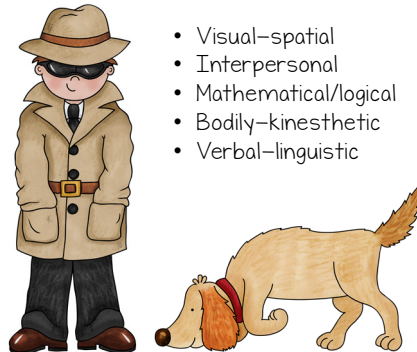
Visual - Spatial

- Create a graphic organizer
- Draw flashcards with pictures
- Draw a diagram
- Create a time line and illustrate it

Discuss How Our Skills Can Help at School and in Everyday Life

Strategy #2

Name a career and briefly describe the person's job role. Ask your students to list and discuss which MI areas would be most helpful with that career.



Investigator

- Visual-spatial
- Interpersonal
- Mathematical/logical
- Bodily-kinesthetic
- Verbal-linguistic

Discuss How Our Skills Can Help at School and in Everyday Life

Strategy #3

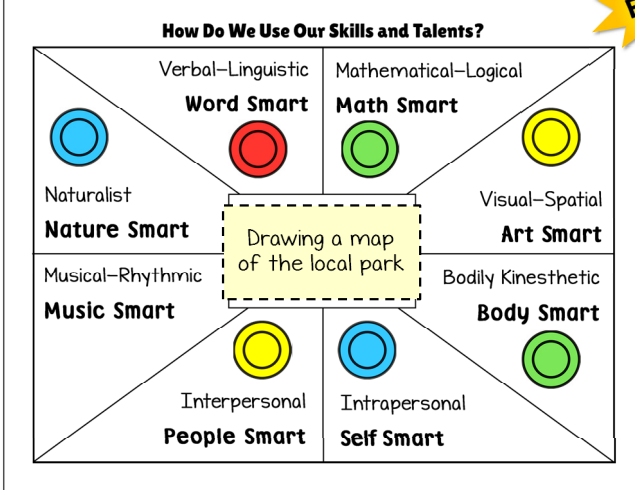
Have students in teams play "How Do We Use Our Skills and Talents?"

Materials:

- 1 game board and set of task cards per team
- 2 counters per person

How Do We Use Our Skills and Talents?	
Planning a birthday party	Running for Class President
Playing on a sports team	Acting in the school play
Solving a difficult word problem	Photographing insects for a book
Solving a jigsaw puzzle	Planting a garden
Drawing a map of the local park	Interviewing for a new job
Baking a cake	Keeping a daily gratitude journal

Cooperative Learning Activity



Review and Apply MI Knowledge

Smart Concentration Cards #3

Smart Concentration Cards #2

Smart Concentration Cards #4

MI Theory Discussion Cards

Smart Concentration Cards #1

Smart Concentration Cards #5

Round About Discussion

Career Cards

Comedian	Judge	Journalist
Singer	Clothing Designer	Poet
Veterinarian	Athlete	Scientist
Banker	Minister	Architect
Environmentalist	Photographer	Teacher
Pediatrician	Talk Show Host	Fire Fighter
Inventor	Pharmacist	Public Speaker

Assess and Evaluate

Assessment Strategies

Lesson 7 - Assess Understanding

Ways We are Smart Quiz

Multiple Intelligence Quiz

Multiple Intelligence Journal Prompts

- Do you agree with the results of the MI survey? Why or why not?
- Which intelligence area best describes you? Explain.
- What hobbies do you enjoy? How does this relate to your multiple intelligence strengths?
- Do you think you are more likely to be friends with people who have similar strengths? Why or why not?
- Think about the members of your family. Who do you think shares the same strengths as you? Explain.
- Do which intelligence area did you score the lowest? How can you improve in that area?
- What career interests you most and what multiple intelligence areas are important for this career?
- How might knowing the ways you are smart help you to be successful in life?
- As you think about your own MI strengths, what strategies can you use to help you learn and remember new information?
- Choose one of the MI Theory Discussion Cards. Write a personal response to the question in your journal.

Quick Check - True or False?

1. MI Theory tells us that we are smart in many ways.
2. MI Theory says we are born with different "intelligences" and those are fixed within us.
3. Dr. Gardner defined intelligence as a set of abilities, talents, or mental skills.

Growth Mindset

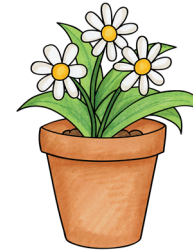
Teaching Kids to Embrace Challenges and Overcome Difficulties



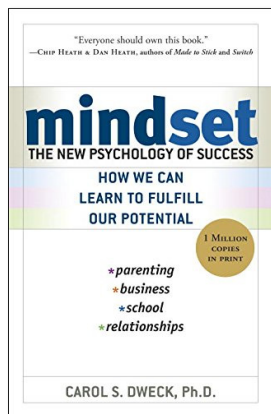
Message #4

Your job is to learn and grow.

You are responsible for learning and growing this year. I'm here to help, but you must be willing to put forth the effort and do the work.



Diving Into Growth Mindset



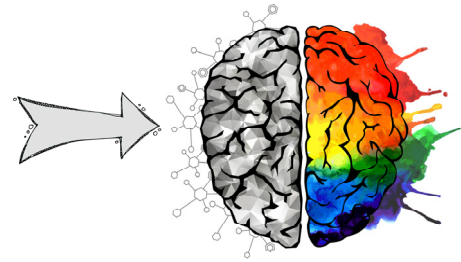
Dr. Carol Dweck

Mindset: The New Psychology of Success (2006)

Fixed mindset vs. Growth mindset

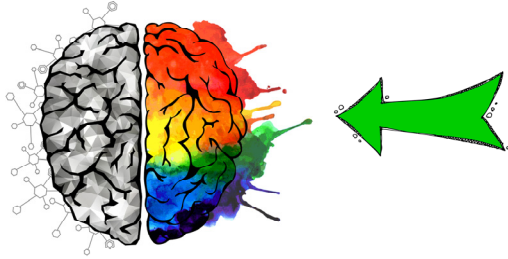
People with a **Fixed Mindset**...

- Aren't willing to take risks, and they avoid tasks that appear to be challenging
- Fear failure because they worry that others will think they aren't smart.



People with a **Growth Mindset**...

- Enjoy taking risks and trying new things; they love to tackle challenges
- Understand that failure is a sign that they are learning and growing; feel confident that they can improve their performance



How Can We Help Kids Develop a Growth Mindset?

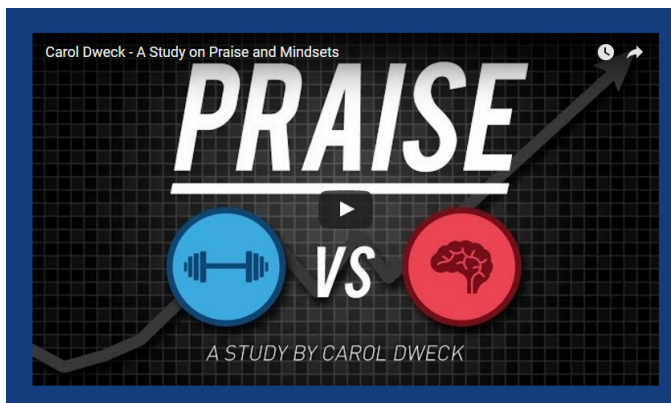
Teaching kids about the two types of mindsets is important, but it might not be the MOST important thing we can do.



As it turns out, something teachers and parents do on a daily basis might be a big part of the problem!



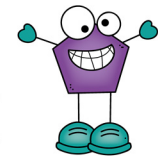
What's wrong with praise?



Why isn't it SMART to praise kids for being smart?

Praising students for being smart contributes to a fixed mindset and discourages kids from taking risks.

They worry that others won't think they're smart if they appear to be struggling or have to ask for help.



Harmful or Helpful Praise?

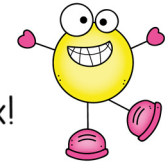
- Wow! You're so smart!
- You will rock at this!
- What are you worried about!
This will be so easy for you!
- Fantastic! You made a perfect score
and you weren't even trying!



What do kids hear as the "hidden" message in this type of praise?

Empowering Praise

- You're thinking outside the box!
- I like how you tried different ways to solve that problem.
- I can tell you worked hard on this!
- I'm proud of how you persevered and didn't give up.



What messages are we conveying with this type of praise?


Growth Mindset Implications for the Classroom

- Always give empowering praise
- Teach kids what it means to have a fixed mindset vs. a growth mindset
- Discuss how failure helps us learn; show videos and read about famous people who overcame failure
- Help kids turn negative self-talk into positive self talk

Angela Watson's Growth Mindset

10 Lessons, Interactive Student Journal, Classroom Posters

Name _____



My growth mindset interactive journal

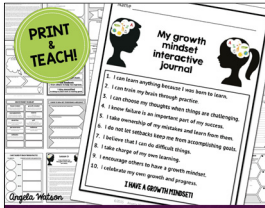
1. I can learn anything because I was born to learn.
2. I can train my brain through practice.
3. I can choose my thoughts when things are challenging.
4. I know failure is an important part of my success.
5. I take ownership of my mistakes and learn from them.
6. I do not let setbacks keep me from accomplishing goals.
7. I believe that I can do difficult things.
8. I take charge of my own learning.
9. I encourage others to have a growth mindset.
10. I celebrate my own growth and progress.

I HAVE A GROWTH MINDSET!

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Free!

Lesson 1 from Growth Mindset



PRINT & TEACH!

10 lesson unit, bulletin board, & interactive journal for GROWTH MINDSET

Growth Mindset - Lesson One

Lesson 1:
I can learn anything, because I was born to learn.

- Tell students you are going to pass out a packet of papers to them, and the packet will be already open to the first page (the cover is hidden). Instruct students not to look through the packet at all, as its contents are a surprise, and to keep the packet open to the first page. Some students may not be able to resist the temptation to peek—just give them a gentle reminder: it's not a huge deal if they see other pages, and these instructions are intended primarily to build anticipation and a bit of mystery to the class (understanding this is not just a set of regular worksheets).
- Ask students to spend 2-3 minutes thinking about their answers to each question on the card they see on page 1, and circle their responses on the sheet. You may choose to read each question aloud and pass out papers to students to silently mark their responses.
- Stake student reactions. Was this the type of card they expected to see? Have students ever been asked for (or have they thought about) these topics before?
- Instruct students to flip to the cover of the packet. Read each statement on the cover aloud together. Tell students that the papers they're holding are actually an interactive journal where they'll be doing fun activities throughout the coming weeks as they learn about their brains and revisit their established set of attitudes.
- Announce that you are going to play a 5-minute 30-second video from Khan Academy (<https://www.khanacademy.org/a/brain-connections>), and that afterward, you want students to share the main idea or most important idea of the video.
- Ask students what the video's main idea was. Students may mention key points such as:
 - I can learn anything, because I was born to learn.
 - Each wrong answer makes your brain a little bit stronger.
 - Failure is just another word for growing when you keep going.
 - You only have to know one thing: you can learn anything.
- Challenge students to reflect on things that would have been impossible for them when they were younger, but that they've learned over time. They should record their thoughts on pg. 2 and use the third box to share what they want to learn this year.
- Allow student volunteers to share their responses from the third box, and use the conversation to build on students' anticipation about the learning ahead.

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Name _____

My growth mindset interactive journal

- I can learn anything because I was born to learn.
- I can train my brain through practice.
- I can choose my thoughts when things are challenging.
- I know failure is an important part of my success.
- I take ownership of my mistakes and learn from them.
- I do not let setbacks keep me from accomplishing goals.
- I believe that I can do difficult things.
- I take charge of my own learning.
- I encourage others to have a growth mindset.
- I celebrate my own growth and progress.

I HAVE A GROWTH MINDSET!

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Growth Mindset - Lesson One

WHAT DOES IT MEAN TO BE SMART?

Use a pencil to circle T if you believe the statement is mostly true, or F if you think it's mostly false.

- T F People are born either smart or dumb.
- T F Some people aren't very good or kind, and they can't change that.
- T F The more you work at something, the better you will be at it.
- T F I don't like doing things that are hard for me.
- T F I sometimes get mad or upset when people tell me about my mistakes.
- T F You can choose to change the way you think.
- T F No matter how hard I try, there are some skills I'll never be able to have.
- T F You have to be born with talent for sports and music to be good at them.
- T F I appreciate when parents and teachers give feedback about my performance.
- T F You can improve your talent in reading or math with practice.
- T F If spelling doesn't come easy to you, you probably won't ever be good at it.
- T F I enjoy learning new things even when I don't understand them at first.
- T F The important parts of who you are as a person don't change.
- T F You can learn new things, but you can't change how intelligent you are.
- T F People who are truly smart people don't need to try hard.

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I WAS BORN TO LEARN!

5 years ago, I didn't know how to...

Last year, I didn't know how to...

This year, I am learning how to...

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Free Growth Mindset Stations

Growth Mindset Station #1

Brain Pathways

When you learn something new, your brain creates new pathways between neurons, or electrical impulses, to form a brand new path. The pathway is made of neurons.

Each time you practice a skill a few times, the pathway between neurons gets a little stronger.

Each time you practice a skill a few more times, the pathway between neurons gets even stronger.

UPPER ELEMANTARY

from Deb Hanson

Crafting Connections

Free!

Growth Mindset Station #2

Mistakes & Failures

When you make a mistake or fail, it's not the end of the world. It's just a sign that you need to try again. Each time you try, you learn something new. Mistakes and failures are just part of the learning process.

UPPER ELEMANTARY

Flipping Our Thinking

Showdown activity to practice turning fixed-mindset statements into growth-mindset statements.

Flipping Our Thinking Discussion Cards

Print on the reverse side of the fixed mindset statements.

<p>#2 (Growth)</p> <p>This seems hard now, but I can keep trying different strategies until I find one that works.</p>	<p>#1 (Growth)</p> <p>I appreciate my coach taking time to help me improve, and I know I'll get better with practice.</p>
<p>#4 (Growth)</p> <p>I'll ask my dad to explain this to me, but I'll tell him I want to do it myself.</p>	<p>#3 (Growth)</p> <p>My big sister is older than me, and when I'm her age, I'll know more and be able to do more than now.</p>
<p>#6 (Growth)</p> <p>If I keep practicing in math and using the strategies I learned, I know I'll improve. My teacher can help me if mom can't.</p>	<p>#5 (Growth)</p> <p>It's fun to try new things because that's how we grow. I might feel nervous at first, but I'll be proud of myself for trying.</p>

Free!

Flipping Our Thinking Showdown

Materials needed

- dry erase boards
- markers & erasers
- 1 set of discussion cards per team



The Set Up

Seat students in teams of 3 or 4 and place the stack of discussion cards in the center, face up (fixed mindset). Designate someone on each team to be the first leader.

How to Play

Directions

1. The leader reads the fixed mindset statement on the top card aloud.
2. He or she then flips the card over and reads the example of how you could "flip that thought" into something more positive.
3. Without talking, students try to think of another way to flip that thought and they write one statement on their dry erase boards.
4. When finished, everyone places their dry erase boards face down in front of them.

#6 (Fixed)

It's okay that I'm not good in math. My mom wasn't good at it either.

How to Play

4. The Leader says, "Showdown!" and everyone holds up their dry erase boards. Each person reads his or her statement to the team and explains how it shows a growth mindset.
5. Repeat the steps with the remaining discussion cards, rotating the leader for each round.

#6 (Growth)

If I keep practicing in math and using the strategies I learned, I know I'll improve. My teacher can help me if mom can't.



Goal Setting



Getting Started with Classroom Goal Setting

What are SMART Goals?

Specific
Measurable
Actionable
Realistic
Time-limited

6 Steps for Achieving Any Goal

1. Write a SMART goal statement.
2. Create a detailed action plan.
3. Read your goal daily and visualize yourself accomplishing it.
4. Regularly assess your progress.
5. Revise your action plan if needed.
6. Celebrate when you achieve your goal!

SMART goals are Specific, Measurable, Actionable, Reasonable, and Timely

Tackle a Class Goal Together

How to Earn 10,000 Scholastic Bonus Points!

Free! Every Child Deserves a Good Book!

WE LOVE SCHOLASTIC BOOK CLUBS!

Earn 10,000 Scholastic Points

Scholastic Stars Countdown

How to Earn 10,000 Scholastic Bonus Points

What would you do with 10,000 Scholastic Bonus Points? Which you prefer that with a list of all the books and activities, you can get 10,000 Bonus Points in a few weeks! Scholastic has a special book club that makes it possible for you to be the first to read the best books. When Scholastic begins offering the club, I designed a system that would let you earn thousands of extra Bonus Points, and I would give you the first choice of a high-quality book. I wanted to see what I could do for you together a number of months to see if it was for the best. The club was a success, but they didn't want to keep it going. So I decided to create a special club for you to read the best books.

Contents

- 10,000 Scholastic Bonus Points (Total)
- 10,000 Scholastic Bonus Points (Total)
- 10,000 Scholastic Bonus Points (Total)
- 10,000 Scholastic Bonus Points (Total)
- 10,000 Scholastic Bonus Points (Total)

Dear Parents,

Updated August 2016

How to Earn 10,000 Scholastic Bonus Points

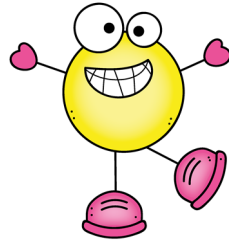
by Laura Candler

Contents

- How to Earn 10,000 Scholastic Bonus Points
- How to Earn 10,000 Scholastic Bonus Points
- How to Earn 10,000 Scholastic Bonus Points
- How to Earn 10,000 Scholastic Bonus Points
- How to Earn 10,000 Scholastic Bonus Points

How to Motivate Kids to Become Lifelong Learners

- Help kids discover and use their unique talents and abilities
- Foster a growth mindset so they embrace challenges and take risks



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Webinar Resources and Freebies for
MI Theory, Mindset, and Motivation
presented by Laura Candler

Thanks for watching **MI Theory, Mindset, and Motivation!** This page includes the freebies and other resources I mentioned during the live webinar. If you're interested in obtaining a professional development certificate, you'll find that information [here](#). If you need another copy of the webinar handouts, click [here](#).

Looking for information about how to join the **School Year Super Start Facebook Group?** Click [here](#) to read the details!

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Live Webinar Giveaway Details (9:30 pm EDT Deadline)
These two giveaways are only open to attendees of the August 10th live webinar. When you fill out the [Google Doc](#) entry form, you will automatically be entered into a drawing for the **Back to School Mega Bundle**. I'll choose a winner at **9:30 pm EDT tonight** and the winner's name will be posted here.

MI Theory, Mindset, & Motivation
Free Webinar

How to Foster a GROWTH MINDSET

Great Resources!

Is it a multiple of 5?

Mystery Number Detectives Game

Word Wall Cards

\$50 T-shirt